Published on *The Brooklyn Hospital Center* (http://www.tbh.org)

Support Centers

The Brooklyn Hospital Center has multiple support centers designed to treat patients with a variety of illnessess and conditions. As your community hospital, our goal is to help you become as healthy as possible.

Detox Unit [1]
[2] Geriatric Unit [3]
Hospice Unit [2]
Sleep Center [4]
Stroke Center [5]
ShareThis [6]

Detox Unit

The Brooklyn Hospital Center Dependency Treatment Program is an acute medically managed detoxification service. Licensed by the New York State Office of Alcoholism and Substance Abuse Services (NYS?OASAS), the Unit provides comprehensive bio-psychosocial and medical treatment to chemically dependent [7] individuals.

Services

- Pre-Admission Interview/Screening
- Comprehensive Physical Assessment
- Biopsychosocial Assessment
- Acute Medically Managed Detoxification from Alcohol and other Drugs
- Twenty-Four Hour Nursing Care
- Individual Treatment and Discharge Planning
- Individual and Group Counseling
- Alcohol/Drug/HIV Prevention Education
- Nutritional Support and Assessment as needed
- Acute Medical Services and Specialty Consultations as needed
- Psychiatric Evaluation/Consultation as Needed
- After Referral for Continuing Alcohol/Drug Rehabilitation and Treatment

Admission Criteria

- Signs and symptoms of severe withdrawal or evidence of imminent withdrawal syndrome.
- Difficulty establishing and maintaining abstinence in a lesser level of care such as outpatient setting.
- Current abuse and dependency on heroin, alcohol, barbiturates and/or a combination of drugs.

If you have not used in three days or 72 hours you may not be eligible for admission.

- History of daily heroin abuse for at least four weeks prior to admission.
- Past attempts to stop resulted in severe withdrawal.

[8]

Download the
Detox Brochure![9]

Contact

Call 718.250.8900
24 hours a day, 7 days a week
Transportation assistance available.

Languages

English, Spanish, Russian and Urdu. Free interpreter services are available for many other languages.

Insurance

Medicaid (and Medicaid eligible), Medicare, and many other major insurance plans [10] are accepted.

ShareThis [1]

Geriatric Unit

The Geriatric Unit includes 37 beds dedicated to the frail elderly, age 65 years and above. The goal of the unit is to deliver multi ? disciplinary care that incorporates the very best in medicine, nursing, rehabilitation, nutrition, social services and spiritual support. Recognizing the deep involvement of families in the care of their loved ones, our unit offers a family room and a pantry that is accessible to visitors at all times. The unit recognizes the special needs of the elderly and displays warm colors, stimulating art work, low-rise beds and wheelchair-accessible showers.

All of our staff undergo comprehensive geriatric based education and competency training and our staff education is continuously being updated to ensure the provision of state of the art care in areas including pressure ulcer prevention and management, fall prevention and the reduction of restraint use.

Services Provided

- Functional assessment of the elderly
- Medical management
- Wound care management
- Early mobilization and rehabilitation
- Identification of high risk patients for aspiration
- Psychosocial assessments
- Multi-denominational spiritual services

Guidelines for Admission to The Geriatric Unit

The geriatric admitting physician/designee will make the decision that the patient meets the criteria detailed below and will arrange with the Admitting Department that the patient be admitted to the Geriatric Unit depending on bed availability.

Typically, patients admitted to the Geriatric Unit have one or more of the following conditions:

- Alzheimer's disease [11]
- Altered mental status [12] and/or delirium [13]
- History of falls or assessed to be at high-risk for falls
- Failure to thrive and/or malnutrition [14] and/or dehydration [15]
- Pressure ulcers [16]
- Aspiration pneumonia [17]

All individuals requiring inpatient care age 65 years and over who are residents of a skilled nursing facility or who are community residents are eligible for admission to the geriatric unit EXCEPT those who require:

- Ventilator support
- Telemetry monitoring
- Intensive Care Unit level of care
- Immediate post operative surgical care

Personnel

Yonette Davis, MD, Chief of Geriatrics
Brenda Arthur, RN, Patient Care Manager (718.250.8800)
Analisa Garcia RN, Nursing Home Liaison (718.250.8196)

Appointments

718.250.6100

Location

Main Hospital (B Building), 8th Floor

Languages

Free Interpreter services are available for many different languages.

Insurance

Most major insurance plans [10] are accepted.

ShareThis [3]

Hospice Unit

Working in collaboration with The Hospice of New York, The Brooklyn Hospital Center offers acute in-patient hospice beds to those in need.

Hospice is a special way of caring for people with terminal illnesses and their families. At a time when choices seem few and challenges seem many, Hospice works side-by-side with patients and families to support them. Hospice treats the whole person. A terminal illness can cause many reactions, including pain and discomfort, fear and loneliness, concern about family and friends, and anxiety about what lies ahead. Hospice enables people with terminal illnesses to choose how and where they want to spend the rest of their lives. Staff can also help them make choices about advance directives.

Hospice Services

Hospice strives to alleviate end of life pain and symptoms, while helping the patient live as fully as possible. Hospice care provides:

- Physical Relief from pain and uncomfortable symptoms
- Emotional Support, helping patients and caregivers cope with loneliness, isolation and fear.
- Socialization, allowing for shared time with family and friends.
- Spiritual Care for patients and their families. They can receive support from their own spiritual leader or the chaplain, who is part of the hospice team.
- Bereavement Support ? Hospice stays in touch with the family and caregivers for 13 months after the loss of a loved one.

Contact

Please contact your physician or hospital case manager.

You may also call Hospice of New York directly at 718.472.1999

ShareThis [2]

Sleep Center

Banner

[18]The Brooklyn Hospital Center offers a comprehensive sleep disorder diagnostic service accredited by the American Academy of Sleep Medicine (AASM [18]). Statistics show that one in three Americans suffer from some form sleep related disorder. Left untreated, the sleep related disorder can lead to hypertension, depression, poor job performance, and automobile/industrial accidents.

Treatments are available for most sleep-related disorders. But a proper diagnosis must be made before treatment is provided.

Do you think you might have a sleep disorder? Download a Sleep Quality Questionnaire [19] to find out. Print the results and bring to your doctor.

Please ask your doctor to:
1) Click on the Sleep Study Referral Form
[20]2) Fill out form online
3) Print, sign and fax to the number listed on the form.

Your doctor will be contacted once your insurance is verified.

If you need to contact us, please email mhs9001@nyp.org [21] or call 718.250.8065 and ask to speak to the Sleep Center director.

The Sleep Center is located inside the Hospital Center in a pleasant, quiet atmosphere. To make your stay comfortable, we prepare all paperwork ahead of your schedule. All tests are done after obtaining approval from your insurance company. Wait times (if any) are short and we offer a secure, free parking facility.

Telephone numbers:

Sleep Center Director: 718.250.8063
Sleep specialist at our private faculty practice: 718.250.6100 or 718.250.6950
Sleep specialist at the hospital clinic: 718.250.8425
Sleep Center fax: 888.367.6555

Location

Main Hospital, 10th Floor

Sleep Lab

718.250.8224

Languages

Free interpreter services are available for many different languages.

Insurances

Most major insurances are accepted.

ShareThis [4]

Stroke Center

The Brooklyn Hospital Center's multidisciplinary Stroke Center integrates the disciplines of Neurology [22], Neurosurgery [23], Neuroradiology [24], Vascular Surgery [25], Cardiology [26], and Rehabilitation Medicine [27], as well as the Hospital Center's Emergency Department [28]. Members of each of these departments and our Nursing Staff Coordinators collaborate to treat a range of acute and chronic vascular disorders.

On call 24/7, our skilled Stroke Team coordinates your care from the moment of first contact. Thrombolytic therapy and state of the art neuroimaging is available for all neurovascular emergencies. Comprehensive stroke [29]treatment includes follow-up care and rehabilitation including appropriate occupational, speech therapy and educational materials for patients and their families.

Treating stroke quickly and effectively is the difference between life and death or permanent disability. In recognition that it has met the highest standard for the treatment of stroke patients including speed of treatment and cutting-edge treatment advances, The Brooklyn Hospital Center received Stroke Center designation from the New York State Department of Health (DOH) in 2006.

In 2011, 2012 and 2013 the Stroke Center was awarded the **Gold Plus Achievement Award**for high-quality stroke care from the American Heart and Stroke Associations. In addition, the program was placed on the Associations' "Honor Roll" for high stroke care performers--one of only three such programs in Brooklyn to receive this recognition.

Stroke is the third leading cause of death in America and the No. 1 cause of adult disability. Fully 80% of strokes are preventable!

What is a Stroke?

A stroke or "brain attack" occurs when a blood clot blocks an artery (a blood vessel that carries blood from the heart to the body).

When a stroke happens, brain cells begin to die and brain damage occurs. If the symptoms of a stroke last only a short time (less than an hour), this is called a transient ischemic attack (TIA) [30] or mini-stroke.

Abilities controlled by that area of the brain are lost when brain cells die during a stroke. These abilities include speech, movement and memory. How a stroke patient is affected depends on where the stroke occurs in the brain and how much the brain is damaged.

The effects of a stroke depend on which part of the brain is injured, and how severely it is injured. Strokes may cause sudden weakness, loss of sensation, or difficulty with speaking, seeing, or walking. Since different parts of the brain control different areas and functions, it is usually the area immediately surrounding the stroke that is affected. Sometimes people with stroke have a headache, but stroke can also be completely painless. It is very important to recognize the warning signs of stroke and get immediate medical attention if they occur. Some people recover completely from strokes, but more than 2/3 of survivors will have some type of disability.

TYPES OF STROKE [31]

Stroke or brain attack is a sudden problem affecting the blood vessels of the brain. There are several types of stroke, and each type has different cause. The two main types of stroke are ischemic and intracerebral hemorrhage.

Ischemic Stroke

The most common type of stroke ? accounting for almost 80% of all strokes ? is caused by a clot or other blockage within an artery leading to the brain.

Intracerebral Hemorrhage

An intracerebral hemorrhage is a type of stroke caused by the sudden rupture of an artery within the brain. Blood is then released into the brain, compressing brain structures.

WARNING SIGNS OF STROKE

The most common sign of stroke is sudden weakness of the face, arm or leg, most often on one side of the body.

Other warning signs can include:

- Sudden numbness of the face, arm, or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding speech
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause

The signs of a stroke depend on the side of the brain that is affected, the part of the brain, and how severely the brain is injured. Therefore, each person may have different stroke warning signs. Stroke may be associated with a headache, or may be completely painless.

If you or someone you know is having these signs, call 911 and seek medical help immediately. Stroke is a medical emergency. Treatment is available, but only if a stroke is recognized in time. DO NOT try or diagnose the problem by yourself, and DO NOT wait to see if the symptoms go away on their own.

Even if the symptoms pass quickly, they could be an important warning that requires prompt medical attention.

STROKE RISK FACTORS

Am I at risk for a stroke?

Anyone can have a stroke. But your chances for having a stroke increase if you meet certain criteria. Some of these criteria, called risk factors, are beyond your control ? such as being over age 55, being male, being African American, Hispanic or Asian/Pacific Islander, or having a family history of stroke. Other stroke risk factors are controllable.

PUBLIC PREVENTION STROKE GUIDELINES

80% of all strokes are preventable.

National Stroke Association's (NSA's) stroke prevention guidelines will help you learn how you may be able to lower your risk for a first stroke.

The Stroke Prevention Guidelines were established by NSA's Stroke Prevention Advisory Board, an elite group of the nation's leading experts on stroke prevention. They were first published in a 1999 issue of Journal of the American Medical Association (JAMA) and have been updated to reflect current medical standards.

NSA suggests you ask your doctor for advice on how to best use these guidelines.

Stroke Prevention Guidelines:

- Know your blood pressure.
- Find out if you have atrial fibrillation.
- If you smoke, stop.
- If you drink alcohol, do so in moderation.
- Find out if you have high cholesterol

If you are diabetic...

- Exercise.
- Enjoy a lower sodium (salt), lower fat diet.
- Circulation (movement of the blood through the heart and blood vessels) problems.
- Know the Symptoms of Stroke.

RECOVERY

Stroke is the leading cause of adult disability in the United States. Rehabilitation is an important part of recovering from a stroke. Through rehabilitation, you relearn or regain basic skills such as speaking, eating, dressing, and walking. The goal is to improve function so that you become as independent as possible.

Depending on the effects of your particular stroke, your health insurance coverage, and your budget, stroke rehabilitation options may include:

- A rehabilitation unit in the hospital
- A subacute care unit
- A rehabilitation hospital
- Home therapy
- Home with outpatient therapy
- A long-term care facility that provides therapy and skilled nursing care

Rehabilitation actually starts in the hospital as soon as possible after the stroke. In patients who are stable, rehabilitation may begin within two days after the stroke has occurred, and should be continued as necessary after leaving the hospital.

The Division of Neurology

The Stroke Center is part of TBHC's Division of Neurology [22], the mission of which is to provide modern care to patients with neurological disease, train medical students and residents, and translate advances in the basic and clinical sciences into meaningful therapies.

Contact

Tel: 718.250.6940
Fax: 718.250.8903

Location

Main Hospital

Languages

Free interpreter services are available for many different languages.

Insurance

Most major insurance plans [10] accepted.

ShareThis [5]

Wound Care Services

Do you have a wound that won't heal?

We treat all of the following conditions:

- Diabetic Wounds [32]
- Leg Ulcers
- Bone Infections (osteomyelitis [33])
- Radiation Tissue Damage (radiation proctitis [34] or cystitis [35], osteoradionecrosis)
- Slow-Healing Wounds [36]
- Mandibular Osteoradionecrosis
- Crush Injuries
- Compromised or Failed Flaps
- Wounds Caused by Poor Circulation (Arterial Insufficiency)

Innovative Treatment for Chronic Wounds

Every year, chronic wounds and other conditions keep millions of Americans from enjoying their best quality of life. The Wound Care Center applies proven wound care practices and advanced clinical approaches, including dressings, antibiotics, and hyperbaric oxygen therapy.

Hyperbaric Oxygen Therapy [37]

?HBO? therapy is a medical treatment that enhances the body?s natural healing powers and strengthens the immune system. Delivered by trained Wound Care specialists, HBO therapy is an effective treatment option for most chronic wounds.

High Healing Rates & Reduced Healing Time Using a team of multidisciplinary specialists and state-of-the-art wound care techniques, we achieve excellent healing rates and fast healing times. That means you can quickly get back to living your life the way you want.

Physician

Sumit S. Dharia, DPM

Program Director
The Brooklyn Hospital Center
121 DeKalb Avenue, 10th Floor
Brooklyn, NY 11201
tel: 718.250.6797
fax: 718.250.6798
sumit.dharia@restorixhealth.com [38]

Download the
Wound Care
Brochure! [39]

Telephone

718.250.6797

ShareThis [40]

Contact Us | Privacy Policy | Disclaimer | Site Map | RSS | Audit & Compliance

© Copyright 2008 ? 2011 ? The Brooklyn Hospital Center ? 121 DeKalb Avenue Brooklyn, New York 11201 ? 718.250.8000

Source URL: http://www.tbh.org/healthcare-services/support-centers

Links:
[1] http://www.tbh.org/healthcare-services/detox-unit
[2] http://www.tbh.org/healthcare-services/hospice-unit
[3] http://www.tbh.org/healthcare-services/geriatric-unit
[4] http://www.tbh.org/healthcare-services/sleep-center
[5] http://www.tbh.org/healthcare-services/stroke-center
[6] http://www.tbh.org/healthcare-services/support-centers
[7] http://tbh.adam.com/content.aspx?productId=114&pid=1&gid=001522
[8] http://www.tbh.org/sites/default/files/docs/Cardiology_Brochure_2012_SF.pdf
[9] http://www.tbh.org/sites/default/files/docs/Detox_Brochure_Web_0.pdf
[10] http://www.tbh.org/patient-care-info/insurance
[11] http://tbh.adam.com/content.aspx?productId=113&pid=1&gid=000760
[12] http://tbh.adam.com/content.aspx?productId=114&pid=1&gid=003326
[13] http://tbh.adam.com/content.aspx?productId=113&pid=1&gid=000740
[14] http://tbh.adam.com/content.aspx?productId=111&pid=1&gid=000404
[15] http://tbh.adam.com/content.aspx?productId=113&pid=1&gid=000982
[16] http://tbh.adam.com/content.aspx?productId=113&pid=1&gid=007071
[17] http://tbh.adam.com/content.aspx?productId=113&pid=1&gid=000121
[18] http://www.aasmnet.org/
[19] http://www.tbh.org/sites/default/files/docs/Sleep%20quality%20questionnaire.doc

[20] http://www.tbh.org/sites/default/files/docs/Referral%20form%20revised%204-2-13_SF.pdf
[21] mailto:%20mhs9001@nyp.org
[22] http://tbh.org/healthcare-services/neurology
[23] http://tbh.adam.com/content.aspx?productId=109&pid=1&gid=003018
[24] http://tbh.org/healthcare-services/radiology
[25] http://tbh.org/healthcare-services/vascular
[26] http://tbh.org/healthcare-services/cardiology
[27] http://tbh.org/healthcare-services/rehabilitation-services
[28] http://tbh.org/healthcare-services/emergency-department
[29] http://tbh.adam.com/content.aspx?productId=111&pid=1&gid=000726
[30] http://tbh.adam.com/content.aspx?productId=111&pid=1&gid=000730
[31] http://tbh.adam.com/content.aspx?productId=113&pid=33&gid=000159
[32] http://tbh.adam.com/content.aspx?productId=112&pid=10&gid=000009
[33] http://tbh.adam.com/content.aspx?productId=113&pid=1&gid=000437
[34] http://tbh.adam.com/content.aspx?productId=113&pid=33&gid=000134
[35] http://tbh.adam.com/content.aspx?productId=111&pid=1&gid=000526
[36] http://tbh.adam.com/content.aspx?productId=112&pid=1&gid=000043
[37] http://tbh.adam.com/content.aspx?productId=112&pid=1&gid=002375
[38] mailto:sumit.dharia@restorixhealth.com
[39] http://www.tbh.org/sites/default/files/docs/wound.care_.double.fold_.12092010_SF_0.pdf
[40] http://www.tbh.org/healthcare-services/wound-care-center