



Keeping Brooklyn Healthy

A Cancer Journey
Without Crossing a Bridge ▶

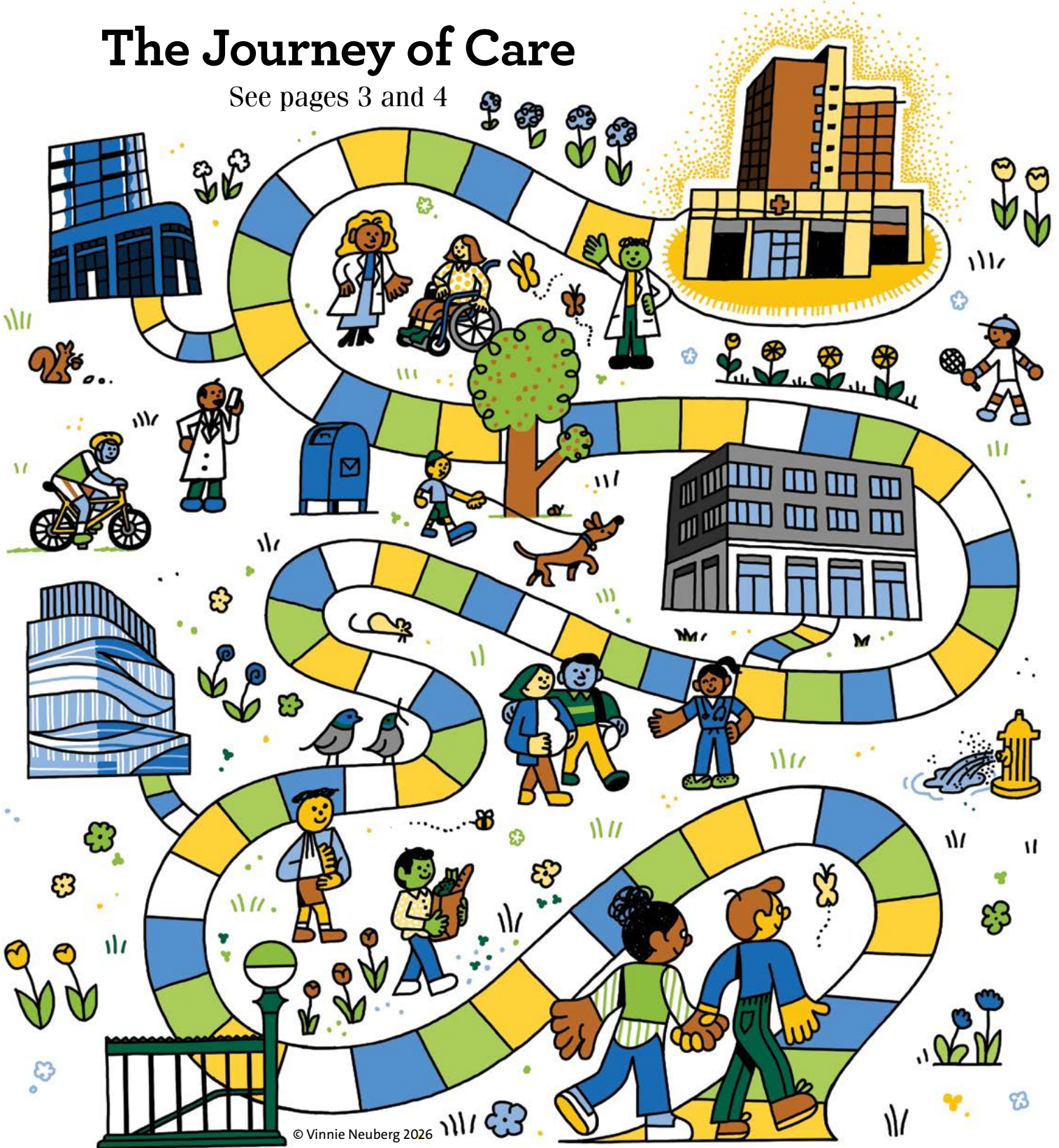
A Bariatric Journey
and a New Way of Eating ▶

An OB/GYN Journey
Care for All Stages and Ages ▶

TBHC's Top Docs
From Castle Connolly ▶

The Journey of Care

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Gary G. Terrinoni

MESSAGE FROM TBHC'S PRESIDENT The 2026 Annual Legislative Breakfast

In March, TBHC hosted its annual Legislative Breakfast, featuring keynote speaker Cynthia Chen, DO, Breast Cancer Surgeon, who outlined current guidelines on breast cancer detection and screening.

I was delighted to welcome State Senator Jabari Brisport, State Assembly Member Phara Souffrant Forrest and City Council Member Lincoln Restler. All three addressed the audience and pledged their support to TBHC and the hospital's efforts toward economic stability.

Representatives from the offices of State Senator Andrew Gounardes, State Assembly Member Jo Anne Simon and City Council Member Crystal Hudson also attended, with other community stakeholders.

Dr. Chen's presentation was very well received and several community partners expressed interest in having her present to their groups, such as at the Resident Association of Ingersoll Houses.

This kind of outreach reminds me of TBHC's importance to the community. Not only do we provide clinical services, prevention, diagnostics and treatment, but we also provide education on essential preventive healthcare to our neighbors.

We are making diligent efforts to ensure the organization sustains itself for another 180 years. TBHC offers vital healthcare access to over one million residents of Brooklyn. We are committed to exploring opportunities to collaborate with the State and all of our community leaders to realize this objective.



State Senator Jabari Brisport



State Assembly Member Phara Souffrant Forrest



City Council Member Lincoln Restler



Dr. Cynthia Chen

Out & About: TBHC in the Community

Our Community Affairs Department runs an active health fair and speakers' bureau service. We can send TBHC staff to give lectures to your group, do screenings (such as blood pressure) or provide other health education and information. If you would like TBHC to participate in your community event, please visit tbh.org/CommunityAffairs. Here's where we were during the long winter!

The Community Advisory Board's Chair, Dr. Kim Best, represented TBHC at a breakfast event hosted by the **Sickle Cell Thalassemia Patients Network**.



TBHC was honored to attend the **2026 Interfaith Breakfast** at the New York Public Library with religious and elected leaders including Mayor Zohran Mamdani. As always, it was a meaningful and hopeful event.



Hakeem Salaam, RN, spoke at a men's lecture on health at the **Brooklyn STEAM Center High School**. His story is an interesting one. He started at TBHC as a dietary helper in 2006, then worked as a transporter for 13 years. From this hands-on experience, he realized he wanted to go into nursing. With the support of TBHC leadership, he went back to nursing school full time for two years while he still worked and then got a job as a nurse at TBHC when he graduated!



A great day was had by all in Fort Greene Park at **Community Board 2's Health Fest!** Thanks to Senator Jabari Brisport for stopping by and getting a blood pressure screening.

Our Gastroenterology team walked around the neighborhood to promote **colorectal cancer awareness**. They want the community to know that "45 is the new 50" when it comes to starting routine colonoscopies!



THREE PATIENT JOURNEYS

Keeping it all under one “roof” at your community hospital, right here in Fort Greene/

GLORIBEL’S JOURNEY: Delivery and comprehensive after-care

Gloribel Tejada was familiar with TBHC but hadn’t considered it as a place to deliver her baby. But when she found it difficult to schedule a timely appointment elsewhere, she called. A week later she was sitting down with Obstetrician/Gynecologist Juana Cuevas, MD, in the beautiful Physicians Pavillion at 86 St. Felix just blocks from the hospital.

She immediately felt deeply connected with Dr. Cuevas. “She asked so many questions,” Gloribel recalls. “I needed confirmation and comfort and she gave that to me.”

Dr. Cuevas loves hearing that and does often. “Time and again I see our patients are happy, healthy and have a good experience.”

A complication on the delivery day just gave the team at TBHC another chance to shine. “I felt like every doctor and nurse had a mothering instinct,” Gloribel says. “Yes, I was a mother, but they treated me like their kid, in the best possible way.”

Since the birth of her child, postpartum care and annual follow-ups have been delivered with the same attention and compassion. Should she ever need it, the gynecological side of the department provides surgical and medical treatments for a wide range of conditions, and offers advanced laparoscopy and robotic surgery.

Gloribel can expect compassionate and comprehensive care for her entire reproductive life cycle, including family planning and regular checkups, as well as care into her menopausal years and beyond.

For more info, visit tbh.org/BrooklynOBGYN.



KIM’S JOURNEY: Cancer care without crossing a bridge



Kim C. Flodin has served TBHC for almost nine years, currently as Vice President for Marketing and Communications. When she was diagnosed with breast cancer after her yearly mammogram, she chose TBHC for her ongoing care, including breast cancer surgery, reconstructive surgery and radiation therapy. She’ll also have ongoing breast imaging screenings and hormone therapy for five more years.

“There are some snazzy names out there, but TBHC has the new Cancer Center and I felt very confident with our team. The idea of getting on a subway for multiple doctor and treatment appointments for years to come was daunting,” Kim says.

Kim’s team was largely female by choice and included: Breast Imaging Radiologist Monica Mishra, MD; Breast Cancer Surgeon Cynthia Chen, DO; Plastic Surgeon Haritha Veeramachaneni, MD; Medical Oncologist Shreya Goyal, MD; and Radiation Oncologist Jason Naziri, MD.

For Dr. Goyal, it is important to give the patient a sense of control in a journey that can take up to five years or more. “How does our patient want it to go?” Dr. Goyal asks. “We take it in small increments, tackling one process at a time. The journey does get easier, but it is a long game that we experience together. The goal is to give the patient her life back.”

The great news for Kim is that the outcome has been extremely positive and the prognosis excellent. “I never regret picking TBHC. I’ve only experienced excellence and convenience; it’s been the right choice for me.”

For more info, visit tbh.org/BreastImaging, tbh.org/BreastSurgery and BrooklynCancer.com.

Downtown Brooklyn

MATTHEW'S JOURNEY: Bariatric surgery and kitchen smarts

Whether it was working at a bakery or in commercial food service, or even in his small Brooklyn apartment, Matthew Arrington's life revolved around kitchens. Covid stopped all that. With no one to cook for, Matthew cooked unhealthily. Weight gain followed, as did a sense that he had lost control of his life.

Eventually, Matthew's path took him out of his unhealthy kitchen and straight to TBHC's Weight Loss Center. "I did my research and saw that their bariatric surgery program had great results. Between my surgeon, Dr. Peter Einersen, and my bariatric dietitian, Tori Endow, I felt so comfortable."

In mid-2025, Dr. Einersen (who is Chief of Bariatric Surgery) performed a bariatric sleeve procedure on Matthew. Before the operating room, Ms. Endow worked with him extensively on preparing physically for the surgery and preparing mentally for post-surgical life with a new perspective on food and cooking. "I did a ton of nutrition classes before surgery and I really enjoyed them!" says Matthew. It has been a successful journey so far. Matthew has lost 70 pounds and is counting on losing more.

"You learn along the way not to be too hard on yourself. You may not see it at first, but you're going to lose the weight," Matthew says. "I love to cook, but now I cook in ways that take care of my body."

For more info, visit tbh.org/BariatricSurgery.



When we say one "roof," we mean that symbolically. The bulk of our care is provided in four locations, all within easy walking distance from one another:

The Brooklyn Hospital Center
121 DeKalb Avenue
Brooklyn, NY 11201

The main hospital is located in the heart of Fort Greene and provides all our inpatient, acute-care services, as well as some outpatient sites like the Ambulatory Care Center, Radiology, Radiation Oncology, the Emergency Room, Children's Health Center, PATH Center, Physical Therapy, and General Dentistry and Maxillofacial & Oral Surgery.



The Brooklyn Cancer Center
86 Fleet Place
corner of Prince Street & Myrtle Avenue
Brooklyn, NY 11201

The Brooklyn Cancer Center provides a comprehensive cancer care program, which bridges the gap in cancer care for all Brooklyn residents. The Cancer Center works in tandem with the hospital's surgeons and imaging services.



Physicians Pavilion
86 Saint Felix Street
Brooklyn, NY 11217

This beautiful building is located in Fort Greene and provides a full range of medical and surgical specialties and subspecialties, including pediatric subspecialties.

Family and Women's Health Center
255 Duffield Street
Brooklyn, NY 11201

This convenient location in Downtown Brooklyn, right off Fulton Mall, houses these outpatient practices: Family Medicine Center, Women's Health Center and Perinatal Diagnostics Center (sonography).



For more information on these and other locations, please visit tbh.org/locations.



The Brooklyn
Hospital Center

121 DeKalb Avenue
Brooklyn, NY 11201
www.tbh.org

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Top Docs in Fort Greene

We are proud of our TBHC physicians whose distinguished work and excellence in their fields earned them recognition as 2026 Castle Connolly Top Doctors.

This distinction is awarded to the top 7% of U.S. physicians based on peer nominations, clinical excellence and outstanding patient care. To schedule with ANY TBHC doctor, call 1.833.TBH.NOW or [visit **tbh.org**](http://visit.tbh.org).



Sheryl Abraham, MD
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Armand P. Asarian, MD
General Surgery



Leonard B. Berkowitz, MD
Infectious Disease



Edward Chai, MD
Neurology



Ivan Colon, MD
Urology



Bryan J. Conti, MD
Orthopedic Surgery



Louis Gerolemou, DO
Pulmonary Medicine



Ramesh Gulrajani, MD
Pulmonary Medicine



Abraham Jelin, MD
Pediatric Gastroenterology



Patrick LeBlanc, MD
Neonatal-Perinatal Medicine



Shahzaib Nabi, MD
Medical Oncology



Maxim Shulimovich, DO
Medical Oncology