

Keeping Brooklyn Healthy

Come Back to TBHC!



Tips to Keep COVID-Safe



Myrtle Avenue Dialysis



OPEN NOW: Physicians Pavilion

Our doctors are in a brand-new building.
See pages 3 to 7 for more information.



Gary G. Terrinoni

MESSAGE FROM TBHC'S PRESIDENT:

Come Back to TBHC

While many things have changed these last few months, one thing remains constant: TBHC's commitment to *Keeping Brooklyn Healthy*.

Our healthcare workers heroically battled COVID-19, but we fight

for our community's health in many ways. I am delighted to tell you that we have returned to regular check-ups, surgeries and screenings. Rest assured, you can come back to TBHC without fear.

As COVID-19 remains in the community until a vaccine is created, we have taken steps to keep you safe:

- We have separate evaluation and treatment areas in our Emergency Room and on our hospital units for those who are suspected with COVID.
- We have incorporated important preventions – masks, social distancing and temperature checks – throughout all of our facilities.

- We conduct COVID testing on all admitted patients and on frontline staff.
- We are spacing out patient appointments for everyone's safety.
- We continue to limit visitors, but are allowing them on a case-by-case basis and for partners of birthing women.
- We have thoroughly cleaned all our facilities and follow rigorous cleaning protocols.



IT'S NOT WISE TO HOLD OFF IMPORTANT HEALTH CHECKS AND PROCEDURES. COME BACK TO TBHC. WE LOOK FORWARD TO SEEING YOU!

3 KEYS:

Keeping Safe from COVID

1. Wear a mask. "Masks work, but only if you are covering both your nose and your mouth," Leonard Berkowitz, MD, TBHC's Chief of Infectious Diseases.

2. Outside is better than inside. Whenever possible, do activities and meet friends outside where the virus more easily dissipates. Walks, picnics, hikes – all are safe as long as you stay socially distanced (6 feet away).

3. Wash your hands. Wash them with warm water and soap (or hand sanitizer in a pinch). Wash before and after you eat, cough, sneeze, use the restroom, and certainly as soon as you come home.





AT THE PAVILION:

When Your Child Needs a Specialist

Melissa Guillaume, MD, Pediatric Cardiology
Manjula Chatterjee, MD, Pediatric Endocrinology
Judy Dayan, MD, Pediatric Gastroenterology
Abraham Jelin, MD, Pediatric Gastroenterology
Sheera Minkowitz, MD, Pediatric Hematology/Oncology
Oluwatoyin Bamgbola, MD, Pediatric Nephrology
Kevin Khodabakhsh, MD, Pediatric Neurology
Lewis Krata, MD, Pediatric Rheumatology
Brian Gilchrist, MD, Pediatric Surgery

When a child may need a pediatrician to treat a particular system of the body, TBHC has a broad range of specialists. These experts work with our primary care pediatricians or referring pediatricians. You can find at the Physicians Pavilion pediatric specialists in:

Cardiology, from murmur and chest pain to arrhythmia and congenital heart disease. Testing includes fetal and transthoracic echocardiogram, electrocardiogram, 24-hour Holter monitoring and treadmill exercise testing.

Endocrinology for hormonal disorders such as diabetes (types 1 and 2), growth, thyroid, adrenal, pituitary, puberty, calcium and bone disorders.

Gastroenterology for the full spectrum of gastrointestinal, hepatic and nutritional disorders; works closely with the pediatric nutritionist.

Hematology/Oncology for blood disorders (including a broad range of services for sickle cell), as well as the diagnosis of pediatric cancers, and an infusion center.

Nephrology for the full range of kidney, bladder and urinary tract problems, including treating pediatric high blood pressure.

Neurology, for all issues, including seizures, headache, developmental delays, tics and attention deficit hyperactivity disorder, strokes and other neurocognitive issues. Electrical brain activity tests (EEG and VEEG) are available.

Rheumatology for evaluation of joint/pain syndromes, and rheumatologic and autoimmune diseases such as juvenile idiopathic arthritis, systemic lupus erythematosus (SLE), juvenile dermatomyositis, scleroderma, mixed connective tissue disorder, vasculitis and fibromyalgia.

Surgery for childhood tumors, head and neck, urological (circumcision, undescended testes), hernias, abscesses (including pilonidal sinus), endocrine, thoracic, and gastrointestinal (esophageal, stomach and bowel; and bronchoscopy and esophagoscopy for foreign bodies).

Call 718.250.6600 or 1.833.TBHC.NOW (1.833.824.2669), or visit tbh.org/BrooklynPediatrics.

AT THE PAVILION:

Orthopaedics for Your Aches and Pains

Joseph Fetto, MD, Chief, Orthopaedic Surgery

Kenji Miyasaka, MD, Director, Joint Replacement

Bryan Conti, MD, Orthopaedic Surgeon

Mark D'Angelo, MD, Orthopaedic Surgeon

Richard Pearl, MD, Orthopaedic Surgeon

Haidy Rivero, MD, Family Medicine/Sports Medicine

Uzomo Ukomadu, MD, Orthopaedic Surgeon

TBHC's orthopaedic surgeons combine surgical expertise with pioneering clinical and basic research in areas such as bone stimulation, tissue repair and total joint reconstruction.

Our orthopaedic surgeons have advanced fellowship training in sports medicine and work closely with a primary care sports medicine physician. Services include:

- Advanced reconstructive surgery of the foot, ankle, knee and shoulder
- Total joint replacement of the hip, knee and shoulder
- Minimally invasive arthroscopic surgery of the shoulder, elbow, wrist, knee and ankle
- Inpatient and outpatient rehabilitation
- Pain management
- Pediatric and geriatric care
- Trauma surgery

- Evaluation and treatment of
 - Arthritis and bursitis
 - Tendonitis and tendon injuries
 - Cartilage injuries
 - Deformities
 - OCD (osteochondritis dissecans) lesions
 - Strains, sprains and fractures
 - Carpal tunnel syndrome and nerve compression disorders
 - Trigger finger
 - Shoulder conditions, such as labral tears and rotator cuff injuries
 - Knee conditions, such as meniscus tears, torn ACL and others
 - Ligament tears
 - Foot and ankle conditions, such as flat feet, high arches, Achilles tendonitis and tears, peroneal tendon injury (acute and chronic), and stress fractures

Call 718.250.8810 or 1.833.TBHC.NOW (1.833.824.2669), or visit tbh.org/BrooklynOrthopaedics.



AT THE PAVILION:

General Surgery at its Least Invasive

Pratibha Vemulapalli, MD, Chair, Surgery; Director, Bariatric Surgery

Armand Asarian, MD, VP, Academic Affairs; General Surgeon

Steven Burger, MD, General Surgeon

Alberto L. Cayton, MD, General Surgeon

Cynthia Chen, MD, Breast and General Surgeon

Romulo Genato, MD, General Surgeon

Irene Lou, MD, Endocrine and General Surgeon

Luca Milone, MD, Director, Robotic Surgery; General Surgeon

The term “general surgery” can be confusing. According to the American Board of Surgery, general surgeons are trained to operate on the alimentary tract (esophagus and related organs); the abdomen and its contents; breast; skin and soft tissue; as well as the endocrine system. Often people go to general surgeons for hernias, appendicitis, gallbladder surgeries, and stomach and intestinal issues.

What’s particularly exciting about TBHC’s Division of General Surgery is the extent to which they offer patients minimally invasive procedures, including robotic surgery.

The benefits of such advanced minimally and less-invasive procedures are many, including:

- Reduced surgical complications



Dr. Vemulapalli with TBHC's robot.

- Less pain post-surgery
- Decreased blood loss
- Minimal scarring
- Shorter length of stay
- Improved recovery time

Call **718.250.8811** or **1.833.TBHC.NOW** (**1.833.824.2669**), or visit tbh.org/BrooklynGeneralSurgery.





AT THE PAVILION:

Obstetrics/Gynecology for Every Age

Erroll I. Byer, Jr. MD, Chair, OB/GYN

Michael Moretti, MD, Chief, Obstetrics; Maternal-Fetal Specialist

Bahar Bybordi, MD, Obstetrician/Gynecologist

Juana Cuevas, MD, Obstetrician/Gynecologist

Natasha Fievre, MD, MD, Obstetrician/Gynecologist

Kannan Muralikrishnan, MD, Obstetrician/Gynecologist

Dennis Radoshkevich, MD, Obstetrician/Gynecologist

Aviv Tarrab-Herzlich, MD, Obstetrician/Gynecologist

Dmitry Youshko, MD, Obstetrician/Gynecologist

Kristen Zeligs, MD, Gynecologic Oncologist

Come get all your obstetric and gynecologic needs met at our exciting new faculty practice office! Those women who are pregnant or considering becoming pregnant will find a range of obstetricians to choose from to guide you on your journey to parenthood.

The Pavilion practice offers right there on site the following obstetric services:

- Routine pregnancy care
- Genetic counseling, screening and testing
- Sonography (with a full range of imaging expected to launch at the Physicians Pavilion in 2021)
- Perinatal diagnostic services
- An expert in maternal-fetal medicine to evaluate and manage high-risk pregnancies

All babies are delivered at the hospital which has:

- Family-friendly philosophy
- 10 state-of-the-art labor and delivery suites. All are large and equipped with the latest technology

- Birthing rooms that quickly convert into delivery rooms
- If interested, rooming-in with your infant is allowed to encourage breastfeeding.
- Educational classes
- Tours of our labor & delivery unit
- Maternity rooms that overlook scenic and historic Fort Greene Park
- Amenities and accommodations for faith- or culturally based needs.
- A full spectrum of pediatric care for after your baby is born and throughout childhood

Women who are seeking comprehensive gynecologic care can find all the well-woman services needed at every age, including:

- Routine gynecologic check-ups
- Pap smears
- Birth control and family planning
- Evaluation and treatment of endometriosis
- Evaluation and treatment of benign fibroids
- Management of sexually transmitted diseases (STDs)
- Management of menopause
- Gynecologic oncology (care for gynecologic cancers)

Call 718.250.6600 or 1.833.TBHC.NOW (1.833.824.2669), or visit tbh.org/BrooklynObGyn.

How to Get to the Physicians Pavilion

86 Saint Felix Street, Brooklyn, NY 11217

Walking from 240 Willoughby St.

1. Head west on Willoughby St. toward Ashland Pl.
2. Turn left onto Ashland Pl.
3. Turn left onto Fulton St.
4. Turn right onto Saint Felix St.

Walking from Main Hospital -121 DeKalb Ave.

1. Right on DeKalb Ave.
2. Turn left onto Ashland Pl.
3. Turn left onto Fulton St.
4. Turn right onto Saint Felix St.

Bus Stop - Fulton St./Rockwell Pl.

B25, B26, B52, B38, B52

Subway

G to Fulton St. Station.

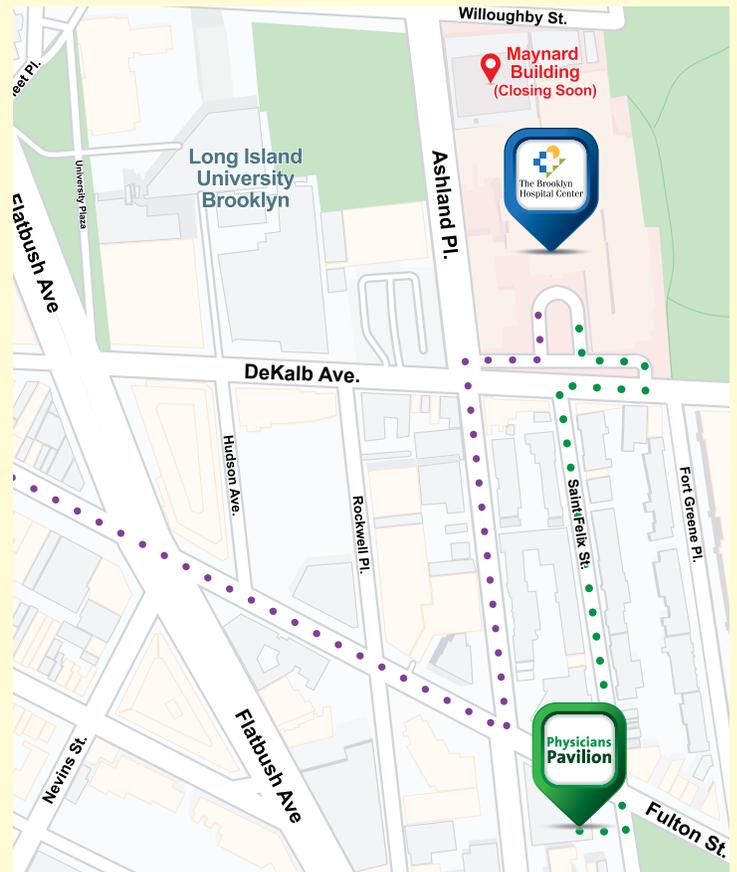
2, 3, 4, 5 to Nevins St. Station.

B, Q, R to DeKalb Ave. Station.

C to Lafayette Ave. Station.

2, 3, 4, 5, B, D, N, Q, R to Atlantic Terminal/Atlantic Ave.

Barclays Center Station.



Dialysis Services in Brand-New Myrtle Avenue Location

By end of year, The Brooklyn Hospital Center (TBHC) will move its award-winning outpatient dialysis service from 19 Rockwell Place to the newly named Myrtle Avenue Dialysis, located at 218 Myrtle Avenue in Fort Greene, Brooklyn.

“We are pleased to say that we will offer the same top-rated quality in a much improved environment,” says Wootaeek Chang, MD, Division Chief of Nephrology at TBHC. For nearly a decade, the outpatient service has been recognized by the Centers for Medicare and Medicaid Services (CMS) with a 5-Star Rating, the highest possible rating from CMS.

For more information or to make an appointment, please call 1.833.TBHC.NOW (833.824.2669).



The Brooklyn
Hospital Center

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Brooklyn, NY 11201
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Inside:

Tips to keep COVID-safe

Services at the Physicians Pavilion

Myrtle Avenue Dialysis



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Facebook/brooklynhospitalcenter



@official_tbhc



@official_tbhc

Brooklyn, stay close!

The Brooklyn Hospital Center has served Downtown Brooklyn and the surrounding neighborhoods for 175 years.

Stop making the trek to Manhattan or deeper into the borough for your health care. We have great primary care (pediatrics, family medicine, obstetrics/gynecology). We also have many excellent specialties with terrific doctors and the latest technology, including bariatric (weight loss) surgery, orthopaedic surgery, spine surgery, and comprehensive heart and gastroenterology care.

Call **1.833.TBHC.NOW** (1.833.824.2669) or visit us at **www.tbh.org** to find the right care where you need it most.

